



Nearly two out of three

families are affected by problems with alcohol or other drugs.

More than 23 million Americans suffer from alcoholism and drug addiction, but only 11% receive treatment. Women are the fastest-growing segment of substance users in the United States, with an estimated 2.7 million women abusing drugs or alcohol. Most women (66-90%) in treatment report histories of trauma, which may include domestic violence, early childhood sexual assault, physical abuse or neglect, loss of a child, or other traumatic experiences.

Our staff is trained to understand the impact of trauma on recovery and our care reflects that understanding.

*Addiction is a disease that is chronic, progressive, and sometimes fatal if left untreated. The good news: **treatment works!***

For statistics sources, please visit www.power-recovery.com.

Our Mission

POWER's mission is to help women reclaim their lives from the disease of addiction to alcohol and other drugs, and to reduce the incidence of addiction in future generations.

POWER shall ensure the availability of preferential treatment to pregnant women.

Priority is given to women as follows:

- (a) pregnant injection-drug users;
- (b) pregnant substance users;
- (c) injection-drug users; and
- (d) all others.



For confidential screening, assessment, and referral to treatment, call the POWER Line: **412.243.8755**



POWER Connection & Administrative Office

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POWER Connection

Recovery support services
for women

 *Learning
to live in
recovery*



Welcome to POWER Connection!

POWER Connection is a community-based program that provides in-home drug and alcohol assessment and mentoring (peer recovery support) to women, including those who may be high risk, such as women who are pregnant; homeless; victims of violence; involved in the criminal justice system; involved with Allegheny County's Office of Children, Youth and Families (CYF); and those who are referred by Magee-Womens Hospital or drug and alcohol programs.

A POWER Connection counselor will come to your home to assess your need for treatment. Your counselor will discuss the results of the assessment with you and refer you to a program that best meets your needs. She will explain your options and answer your questions as you plan your course of action.

Your counselor will also offer to provide you with a mentor, a unique part of our services. A mentor is a POWER staff member with at least five years of recovery. She will be your guide as you reconnect with the community, helping you identify and access programs and services that will strengthen your recovery. You may continue to work with a mentor for as long as you need in order to achieve your personal goals.

When you come to POWER Connection, you will be given a handbook that contains helpful information about your treatment.

Holistic Care

Research shows that women are most successful with their recovery when the care they receive is holistic, strengths-based, and addresses the issues that matter most to them, including:

- Trauma
- Parenting, childcare, and general care-giving
- Self-esteem
- Relationships
- Social stigma
- Health & wellness
- Education, training, and employment
- Housing

Recovery Support Services

- Confidential, in-home, quality drug and alcohol assessment
- Referral to treatment
- Psychiatric consultation
- Mentoring

What is Mentoring?

Mentoring, also known as "peer recovery support", pairs a staff member in long-term recovery with a client. The mentor connects the client with community resources and serves as her recovery coach.



Continuum of Care

In addition to **recovery support services**, POWER offers:

- **Screening, assessment, and referral to treatment**
- **Residential drug & alcohol treatment**
- **Outpatient drug & alcohol treatment**, including intensive outpatient (IOP) and partial hospitalization