



Nearly two out of three

families are affected by problems with alcohol or other drugs.

*Addiction is a disease that is chronic, progressive, and often accompanied by emotional health issues. It can be fatal if left untreated. The good news: **treatment works!***

The first step is asking for help. If you, or someone you know, are struggling with alcohol or other drugs, call the POWER Line at 412-243-8755.



Our Mission

POWER's mission is to help women reclaim their lives from addiction and related emotional health issues and improve the well-being of future generations.

Licensed by

Pennsylvania Department of Drug and Alcohol Programs

POWER shall ensure the availability of preferential treatment to pregnant women.

Priority is given to people as follows:

- 1) Pregnant injection drug users
- 2) Pregnant substance users
- 3) Injection drug users
- 4) Overdose survivors
- 5) Veterans



For confidential screening, assessment, and referral to treatment, call the POWER Line: 412-243-8755



POWER Restore

225 Penn Avenue, Suite 3-S
Pittsburgh, PA 15227
412-723-2810 phone
412-679-8058 fax

Administrative Office

907 West Street, Second Floor
Pittsburgh, PA 15221
412-243-7535 phone
412-243-8711 fax

info@power-recovery.com

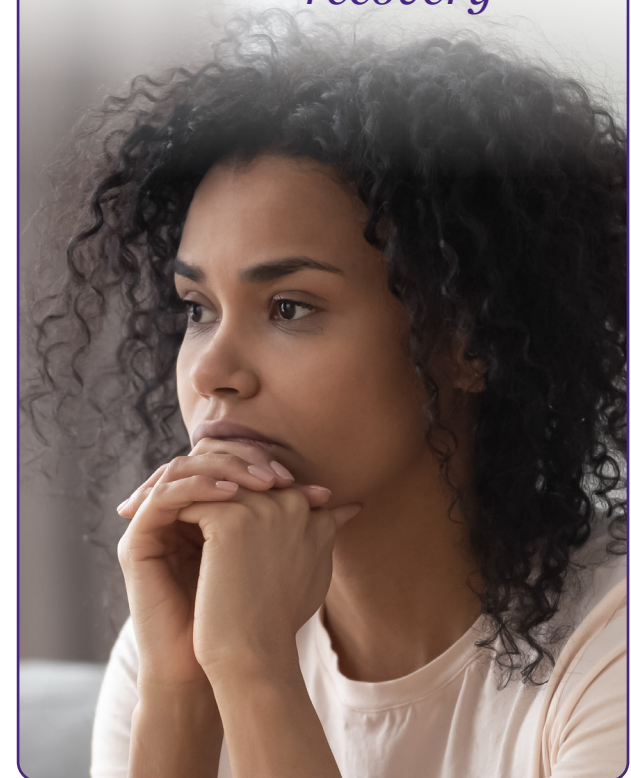
power-recovery.com



POWER Restore

Women-Only Detox and Rehab

*The first
stop on the
road to
recovery*



Welcome to POWER Restore

Located in the East End Behavioral Health Hospital, POWER Restore is a 21-bed program offering two integrated levels of care to help you transition seamlessly from managing withdrawal symptoms to beginning your recovery journey.



Withdrawal management

Typically 3-5 days detox from active use. Clients receive physician services and 24-hour nursing. Medication to manage symptoms is readily available.



Rehab

Typically 14-28 days to focus on building a foundation for your recovery. Treatment includes individual and group therapy focused on trauma-informed care and gender-specific issues.

When you come to POWER Restore, you will have your own bedroom with private bath. You will also be given a handbook that contains helpful information about what to expect during your stay. You will work with a team of doctors, nurses, therapists, and recovery support staff to address the needs that matter most to you.

POWER Restore is part of a range of women-focused addiction treatment and support services offered by POWER. You will be able to easily move through different levels of care as your recovery progresses.

POWER Restore Services

POWER Restore is the first treatment program in Pennsylvania to offer integrated withdrawal management and rehab in an all-woman environment.

- Individualized care focused on building upon strengths
- Group, individual and family therapy
- Physical and mental health care
- Pharmacological interventions
- Education and skills building



Continuum of Care

In addition to **detox and rehab**, POWER offers:

- **Screening, assessment, and referral to treatment** when you call the POWER Line
- **Residential treatment** at POWER House
- **Outpatient therapy**, including intensive outpatient programming (IOP) at POWER New Day
- **Recovery support services**, including mentoring, through the POWER Connection program