



*"People can you hear me?  
I really want to know.  
I am but a beating heart  
that only wants to glow."*

*Lori*

*"Falling out of  
the darkness,  
coming into the  
light."*

*I can say now  
that I have the  
willingness to  
fight."*

*Yvette*

*"For all of life is like a race,  
with ups and downs and all.  
And all you have to do to win  
is rise each time you fall."*

*Danielle*

*"I must try my best to pick myself up.  
I must do this for me."*

*Michele*



## ANNUAL REPORT 2017

*"The most fragrant smell of  
seedlings, now ready to bloom."*

*Just one of the many little  
things I give praise to."*

*Andrea*

*"Keep searching  
my soul and look  
through my heart..."*

*so I remember the  
whole and not the  
broken part."*

*Karyn*



*"Slowly, I'm  
beginning to  
set myself  
free."*

*Jackie*



## Dear Friends...

It seems not a day goes by without a news story about the opioid crisis. Last year, 650 lives were lost to drug overdose deaths in Allegheny County. Among the families shattered by the opioid epidemic were longtime friends of POWER in addition to former clients.

These tragedies underscored our mission and renewed our resolve to make treatment accessible to those who need it the most. In this effort, we expanded the scope of our services and increased our outreach efforts through existing partnerships and new collaborations.

Our peer recovery program, POWER Connection, grew as a result of two new contracts with Children, Youth, and Families (CYF) and Community Care Behavioral Health Organization to reach a previously underserved population—women and men on Medicaid with substance use disorders.

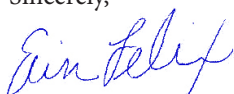
Due in large part to the increase in clients from both CYF and Community Care, we outgrew our space at the Factory and began to explore the feasibility of a POWER campus. Housing our programs at one site would lead to a smoother transition in levels of care, resulting in our clients staying in treatment longer to better ensure their success in recovery.

POWER partnered with Allegheny Health Network to launch their Perinatal Hope Program for expectant mothers addicted to drugs. We also participated in a dual diagnosis capability study conducted by Case Western Reserve University, which assessed POWER's ability to treat clients with mental illness and recommended ways to strengthen our capacity.

Our strong partnerships were also evident in our fundraising efforts as we saw an increase in corporate and individual contributions. Our major fundraising event, POWER Promises, raised a record-setting \$200,000 in proceeds!

We are inspired by this show of support and by the courage of women who come to POWER to fight for their lives and the promise of a better future.

Sincerely,



Erin Felix  
Board President



Rosa Davis, MSW  
Executive Director



*"I didn't think there was  
another way to live,  
but there is."*

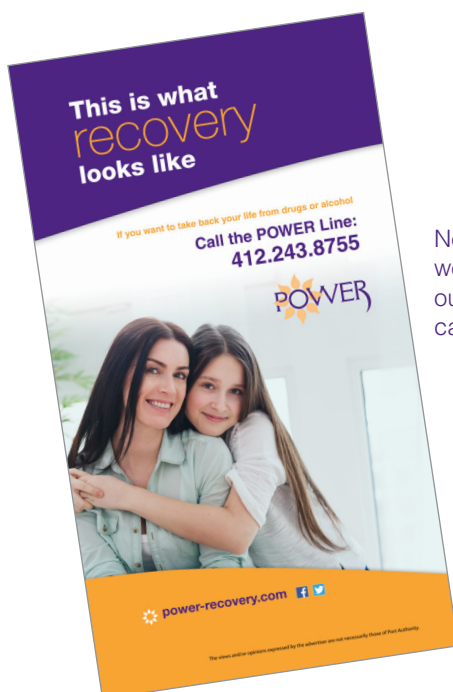
*I didn't think I was strong  
enough to change my life,  
but I was."*

*Jaymee*  
POWER graduate

# Program Highlights

2017 was a year of collaboration and outreach for POWER including the following highlights:

- Selected by Community Care Behavioral Health to provide peer recovery support services to women and men on Medicaid through Community Care's Certified Recovery Services.
- Expanded services through our renewed contract with Allegheny County's Department of Children, Youth and Families (CYF), adding training and consultation for CYF staff and mentoring for men.
- Provided assessment and outpatient treatment to pregnant women participating in Allegheny Health Network's Perinatal Hope Program at West Penn, Jefferson, and Forbes Regional Hospitals.
- Participated in the *Dual Diagnosis Capability Study* conducted by Case Western Reserve University's Center for Evidence-Based Practices to assess POWER's capacity to treat women with addiction and mental health issues.
- Partnered with Family Support Centers (FSC) of Allegheny County to provide consultation and information about addiction recovery to staff and families at two FSC sites.



New bus ads were part of our outreach campaign.

## By the numbers

Number of women served:  
**1,417**

Demographics:  
**60%** White  
**32%** African-American  
**8%** Other

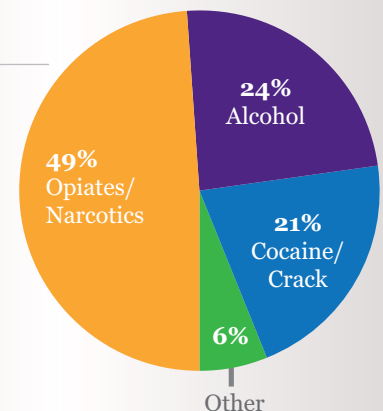
Number of drug and alcohol assessments: **1,139**

Average age:  
**34 years old**

Number of admissions to treatment: **492**

### Drug Addiction:

POWER clients listed the following drug addictions as their reason for seeking treatment:



### Average length of treatment:

POWER House — 125 days

Outpatient Treatment — 104 days

Evidence shows that a minimum of 90 days of treatment increases a client's likelihood for long-term recovery.

### Trauma:

88% of POWER clients reported a history of sexual, physical and/or emotional trauma.

### Women with Children:

82% of POWER clients are mothers with at least one child under the age of 18.

## Corporate/Foundation Partners

**Thank you to the following foundations and POWER Promises corporate sponsors for their generous support in 2017:**

*A complete list of donors can be found on our website at [power-recovery.com](http://power-recovery.com)*

ATI	Mary Hillman Jennings Foundation
Allegheny Health Network	Massey Charitable Trust
Amcom Office Systems	Oxford Development Co.
AmeriServ Trust and Financial Services	PNC Foundation
Avon Club Foundation	The Pittsburgh Foundation
BNY Mellon Community Partnership	The Pittsburgh Penguins Foundation
Babst Calland	Point Legal LLC
The Burke Family Foundation	Richard King Mellon Foundation
Citizens Bank	Roy A. Hunt Foundation
Duquesne University	S. Kent Rockwell Foundation
FISA Foundation	The Sarah Kristin Owen Fund of The Pittsburgh Foundation
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Gateway Financial	Square Café
Gateway Rehab	Staunton Farm Foundation
Giant Eagle, Inc.	Thomas Marshall Foundation
GlaxoSmithKline Consumer Healthcare	UPMC & UPMC Health Plan & Community Care Behavioral Health Organization
Gymkhana Gymnastics	United Steelworkers
Highmark Blue Cross Blue Shield	University of Pittsburgh Office of the Chancellor/Institute of Politics
Huntington National Bank	The Wilson Group, LLC
Jody R. Schurman Fund of the Cornell University Foundation	
Levin Furniture	

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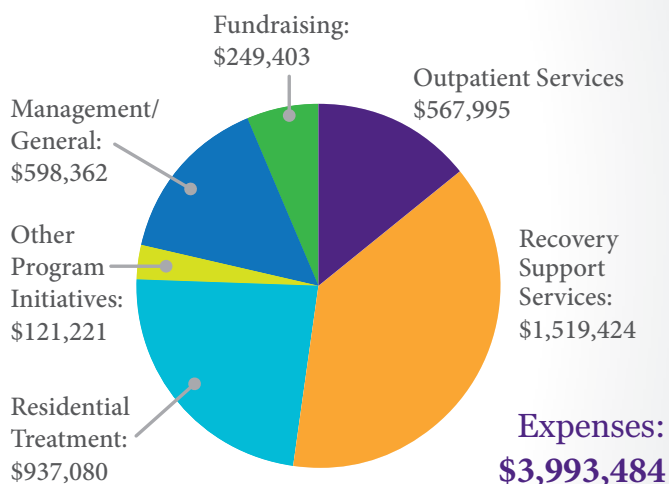
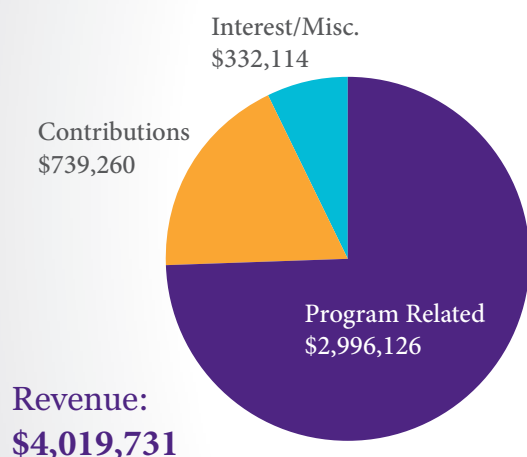
POWER Line: 412.243.8755





# Financials

Unaudited



## Development & Communications

### Fiscal Year 2017 — A Year of Growth

With a fundraising goal of \$455,000 for fiscal year 2017, POWER raised over \$546,000, exceeding our goal by 20%!

We surpassed our goal for individual donations by nearly \$6,000, bringing in a total of \$80,980. Once again, our Board of Directors agreed to match 25% of the first \$25,000 raised in our annual appeal. We ended the year with \$246,000 in operating grants, exceeding our goal by \$16,000 and raised an additional \$200,847 in restricted grants.

Our major annual fundraising event, *POWER Promises — A Night of Hope* reached a record-setting total with \$212,000 in proceeds, surpassing our goal by more than \$60,000! Honorary Chair Deborah Rice-Johnson, President of Highmark Health Plan, and POWER Executive Director Rosa Davis welcomed

more than 400 guests. The evening highlighted three POWER alums whose stories were told by Emcee Brenda Waters of KDKA, Sally Wiggin of WTAE, and Cara Sapida of WPXI. For a second year, we included the *POWER of Art Sale* featuring the works of several well-known artists. In a special tribute, University of Pittsburgh Chancellor Emeritus Mark Nordenberg presented former U.S. Attorney for the Western District of Pennsylvania David Hickton with the *Seeds of Hope Award* for his heroic role in fighting the opioid epidemic. Mr. Hickton was joined on stage by Mayor Bill Peduto and County Executive Rich Fitzgerald and received a touching salute from law enforcement officers in attendance.



Brenda Waters, Tom Murphy and Rosa Davis

POWER PROMISES  
a night of hope.



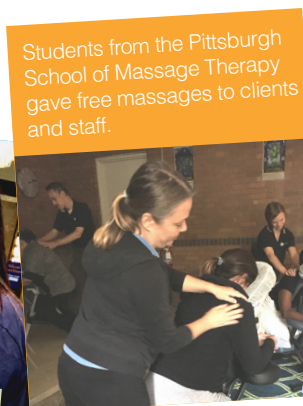
David Hickton with law enforcement officers



Courtney Olesky & Kara Stiely, Duquesne Univ. pharmacy students, brought Easter gifts for POWER clients and their children.



Elise Villella and Jessica Hu helped with set-up at POWER Promises.



Students from the Pittsburgh School of Massage Therapy gave free massages to clients and staff.



Volunteers who worked at GlaxoSmithKline before its closing, still plan projects like this holiday cookie bake for POWER House residents.

## Our Volunteers

**Volunteers hosted** three holiday parties, a luncheon, two picnics, a choral performance, a clothing give-away, a fashion show, cookie baking, a make-over session, chair massages, a drum circle and a chamber music concert!

Volunteers led POWER House residents on **193 early morning walks**.

POWER House residents enjoyed **11 game nights, a waffle dinner and a holiday high tea party** thanks to members of Discovery Christian Church.

**67 volunteers** helped organize and staff POWER Promises.

**13 churches, organizations and individuals** donated holiday gifts for POWER clients and their children.

Volunteer receptionists spent **625 hours staffing the front desk** at our administrative and outpatient office.

POWER clients participated in **177 hours of educational workshops** including poetry, self-defense, dealing with grief, prescription medications, legal issues, parenting, exercise, budgeting, and health.

Volunteers provided **183 hours of office support** to help POWER operations run smoothly and efficiently.



Rosemary Hulsman (front, second from left) organized these gift wrappers for her 25th holiday gift drive for POWER clients.



Members of Discovery Christian Church wore fascinators like the ones they gave POWER House residents at their holiday high tea.



Mother-daughter Jill and Ashley Tasz volunteered at POWER Promises.



Members of Union Baptist Church invited POWER clients to pick items from their annual clothing give-away.



Holy Wisdom's Gail Buchman and POWER volunteer Jamie Grimes delivered Christmas gifts donated by Holy Wisdom parishoners.



power-recovery.com 7501 Penn Avenue - Suite 8 • Pittsburgh, PA 15208 | Phone 412.243.7535

A copy of the official registration and financial information of Pennsylvania Organization for Women in Early Recovery may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 800-732-0999. Registration does not imply endorsement.